

Urszula Ambroży

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PROFILE

My educational background in public health gave me interdisciplinary skills in health and social science, but also about economics, finances and management in healthcare. Recent work experience gave me the insight to work in clinical trials. Voluntary activities gave me experience in health promotion and campaigns on a national and international level. I like to work in a team, but I can manage tasks myself. I am a creative person with analytical skills. I am an organised person, capable of working in a busy environment.

RELEVANT WORK EXPERIENCE

Clinical Research Trainee

Pleiades Medical Center

Cracow, Poland

Aug 2022 - present

- submitted databases in CRF systems like Medidata, ERT, IBM
- entering into the system health & treatment history of a patient
- constructed inclusion/exclusion criteria templates using project protocols
- verified patient compliance by counting drugs
- assisted with completing the drug accountability form & entering data into the system, and labelling drugs
- backed the management of the Investigator Site Files with updating of relevant trial logs and patient documentation

Apprenticeship

Department of Health Promotion and Healthcare

Myślenice, Poland

Jun 2019

- developed public health intervention program specific to local needs to increase awareness & adherence to evidence-based treatments for patients with respiratory diseases

EDUCATION

Jagiellonian University - Collegium Medicum

Master's degree in Public Health

Specialisation: Governance of Health System in Transition

Cracow, Poland

Graduation Date: Jul 2023

University of Copenhagen - Københavns Universitet

Erasmus+ Program (semester abroad)

Courses: · Environmental Epidemiology · Group Processes and Intergroup Relations

· An Introduction to Sports and eSports Psychology · Eating and Being in the 21st Century

Copenhagen, Denmark

2022

Jagiellonian University - Collegium Medicum

Bachelor's degree in Public Health

Cracow, Poland

Graduation Date: Jul 2021

VOLUNTARY WORK

Multimedia Team

Remote

Practical Health Psychology Blog

2020 - present

- directed coordination of social media accounts to effectively publish blog articles & expanding the reach
- organised graphic design in support of blog articles to ensure distribution across 4 social media channels for international target

Social Media & Projects Volunteer

Remote

Polish Society of Lifestyle Medicine

2021-2022

- content creation and curation of society's social media
- initiated contact with influencers to increase the engagement rate and broaden the campaign reach

SCIENTIFIC ACTIVITY

9th International Conference on Nutrition & Growth · 2022 · Online: Active participation in posters session: *Selected components of the lifestyle of a group of children and youth from the Lesser Poland Voivodship*

3rd National Conference on *Psychnutrition and environmental health determinants* · 2019 · Cracow, Poland: Active participation in posters session: *Assessment of selected weight-growth indicators of youth aged 15-17 from southern Poland over a decade*

LANGUAGES & SKILLS

- Languages: Polish (native), English (fluent)
- Microsoft Office: Excel, PowerPoint, Word, Teams, Forms, Outlook
- Statistic Software: Statistica 13.1, IBM SPSS
- Website Tool: WordPress
- Graphic Design Tool: Canva

CERTIFICATION

- ICH Good Clinical Practice E6 (R2) Certificate · The Global Health Network · 2022
- The Sustainable Development Goals – A global, transdisciplinary vision for the future · 2022
- EF SET English Certificate (C2 Proficient) · 2023